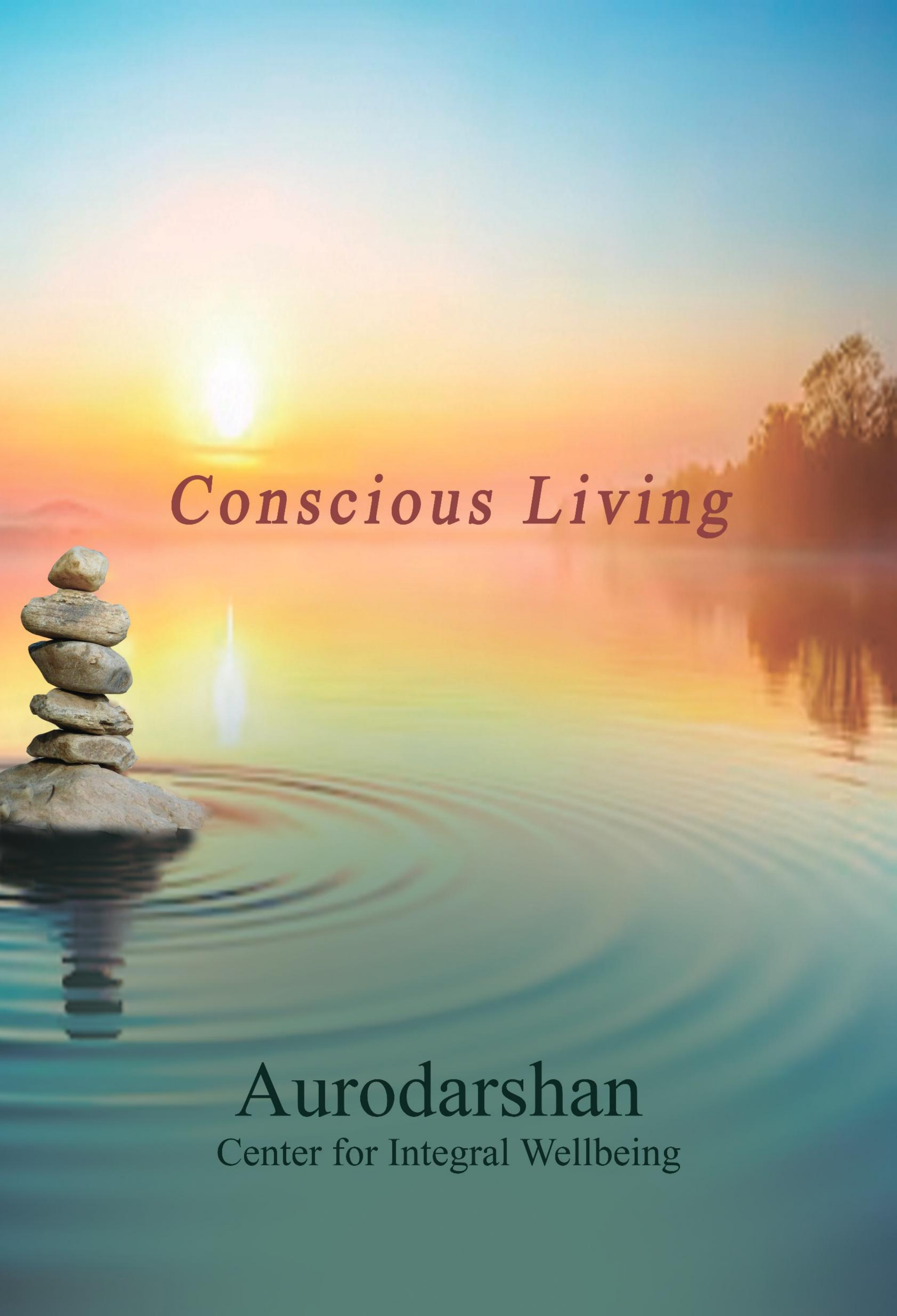
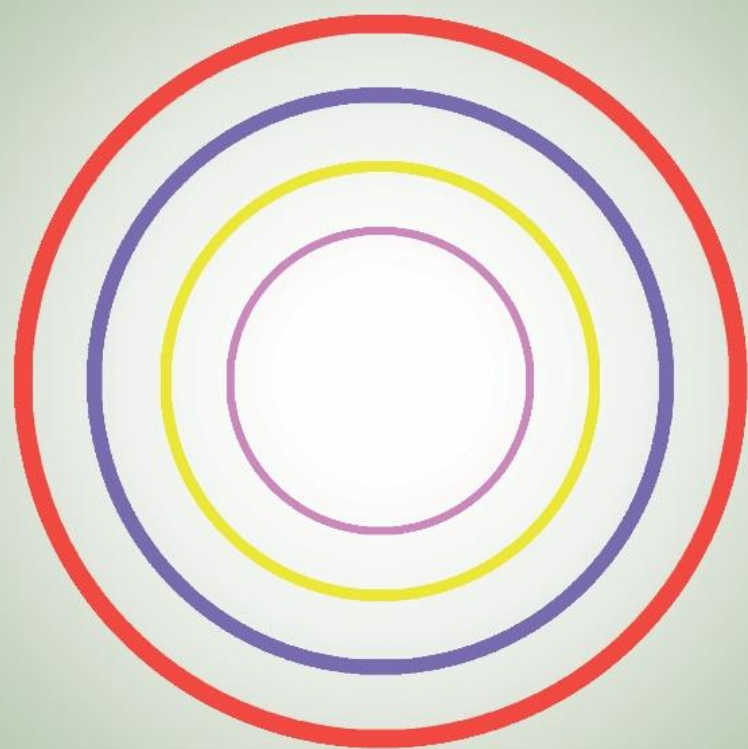




Conscious Living

Aurodarshan
Center for Integral Wellbeing

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Centre for Integral Wellbeing

✨ Vision

“An illness of the body is always the outer expression and translation of a disorder, a disharmony in the inner being; unless this inner disorder is healed, the outer cure cannot be total and permanent.” — The Mother

Health is not the mere absence of disease. It is the harmony of body, life, mind with soul. Dis-ease is often a call to awaken, to resolve inner conflicts and restore harmony.

🌱 The Project - Aurodarshan Centre for Integral Wellbeing

Our aim is an inner and outer transformation through conscious living.

At Aurodarshan, **Awakening** - becomes the entry point, **Healing** - the journey, and **Transformation** - the goal. Honouring each soul's uniqueness, our care is collaborative, guiding every individual on a pathway that is whole, flexible, and true.

🌸 Our Approach

To blend Vedic healing sciences with the evolutionary vision of Integral Yoga, nurturing body, life, mind as fields for conscious transformation around the soul.

★ Key Highlights

- Discover pathways of Conscious Living, Psychic Evolution and Integral Healing.
- Knowledge sharing • Networking • Demonstration • Guidance on Health
- Getting to learn about drugless treatments and leading practitioners

👏 About the Hosts

- Dr Smt Chhalamayi Reddy — Chairperson Institute of Human Study and Director Principal of Sri Aurobindo International School.
- Aurodarshan Trustees
- Prof V Madhusudan Reddy (1926-1966) — Visionary who planted the seed for Aurodarshan centre inspired by Sri Aurobindo's Integral Yoga.
 - UNESCO Fellow and Fulbright Scholar
 - Served as Professor of Osmania University for 36 years.

"Soul-force alone can regenerate India... The future belongs to those who aspire."- Sri Aurobindo

COLLABORATORS

Dr Yogesh Mohan

Consciousness as Medicine: Developing a whole new paradigm of medicine and healing based on Consciousness.

Doctor, Integral Health Expert, Educationist,
Healer for 2 decades. MD JIPMER, MBA ISB



Dr. Purvi Jayaaraju

Healing is your birthright: Awaken your inner healer and realise that true wellness begins within. Dedicated to Antar Chikitsa (Integral Medicine), her mission is to spread global awareness of Indian integrated, drugless healing modalities for a blissful, balanced life.

Doctor of Alternative Medicine, Founder of Samruddhi
Healing Centre and Institute for Drugless Therapy, Bengaluru.
PhD (AM) and PhD (IMD).



Dr Satyadeepa

Timeless wisdom for modern living: To bring Ayurvedic wisdom to modern living, helping individuals find balance of body, mind, and soul.

*To celebrate uniqueness and harmony with Nature,
adding depth and vitality to life.*

Ayurvedic Physician (23+ years) Founder of Natural Gut
Healing Hub, Specialist in Gut Health, Panchakarma
& Lifestyle Medicine. BAMS, DYA



Rajan Mahendra

Wellness is passion to pursue purpose and stamina to do so: Disease symptoms are special biological programs to help us manage distressing life experiences. The healing from within happens by resolving the experiences, while food and lifestyle help in restoring balance and dealing with the symptoms.

Researcher, Strategist, Consultant, Spiritual Seeker, Health &
Life Coach Practitioner.



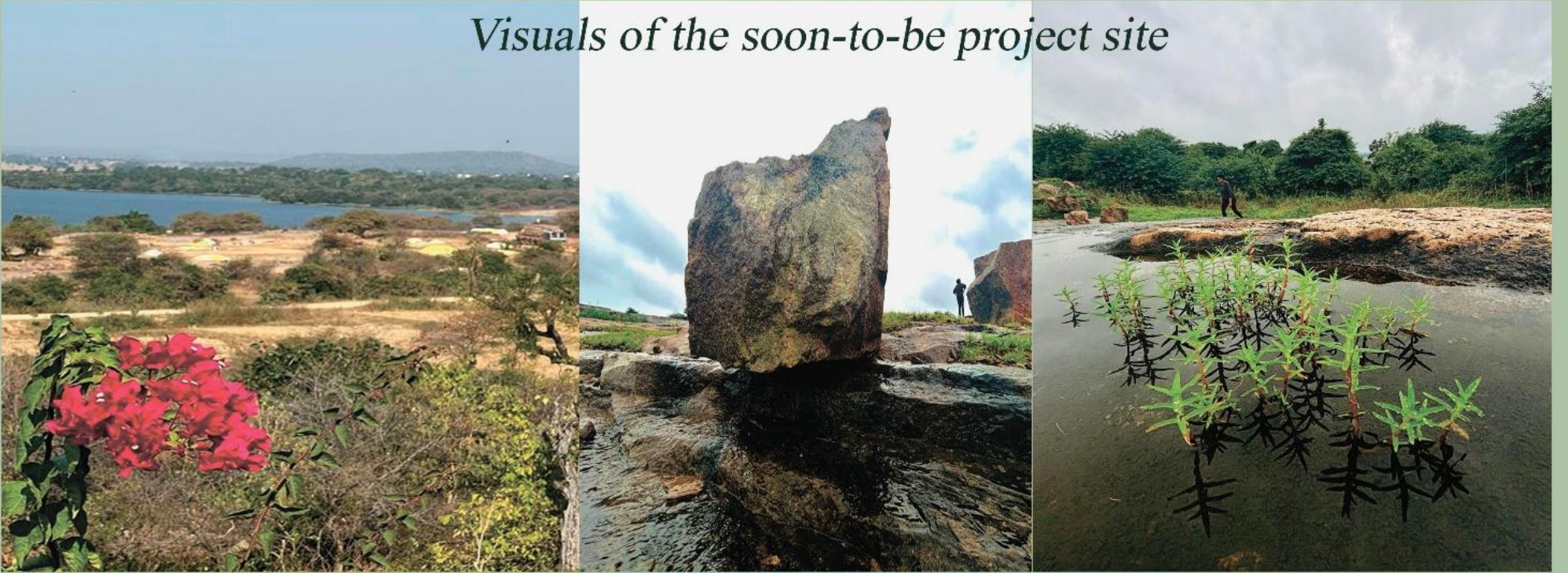
Raghava Krishna

*To foster Integral Wellbeing: Integration of cultural storytelling,
IKS-based education, and leadership development
and reimagine leadership through an Indian civilizational lens*

Founder of Brhat Culture Creatives and Brhat Educational
Trust, Game Developer, Cultural Entrepreneur, (24 years)
Associate Dean academics at Rashtram School of Public Policy.



Visuals of the soon-to-be project site



Contact us

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